

Polycystic Kidney Disease



Overview

Polycystic Kidney Disease (PKD) is a genetic disorder characterized by the growth of numerous cysts in the kidneys. PKD can disrupt kidney function over time.

Diagnosis

PKD is often diagnosed using imaging techniques such as:

Ultrasound: The most common method for detecting cysts.

CT Scan or MRI: Used for more detailed imaging if necessary.

Inheritance Patterns

Autosomal Dominant PKD (ADPKD): The most common form. Each child of an affected parent has a 50% chance of inheriting the condition.

Autosomal Recessive PKD (ARPKD): A rarer form, usually appearing in early childhood. Both parents must carry the gene for a child to be affected.

This pamphlet is for informational purposes only and should not replace professional medical advice. Please consult your healthcare provider for personalized care.

Treatment Strategies

Blood Pressure Control: High blood pressure is common in PKD. Medications such as ACE inhibitors or ARBs are often prescribed.

Pain Management: Pain from cyst growth or infection can be managed with prescribed medications.

Antibiotics: For infections within the cysts, specific antibiotics may be required.